



SoulStretchMobileYoga.com

## New Student Agreement of Release and Waiver of Liability

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I, \_\_\_\_\_, hereby agree to the following:

- That I am participating in the yoga classes and workshops offered by Soul Stretch, during which I will receive information and instruction about yoga. I recognize that yoga requires physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
- I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the yoga classes and workshops. I represent and warrant that I am physically fit and I have no medical conditions that would prevent my full participation in the yoga classes or workshops.
- In consideration of being permitted to participate in the yoga classes or workshops, I knowingly, voluntarily, and expressly waive any claim I may have against Soul Stretch Mobile Yoga for injury or damages that I may sustain as a result of participating.
- In future consideration of being permitted to participate in yoga classes or workshops, I knowingly, voluntarily and expressly waive any claim I may have against Soul Stretch Mobile Yoga for injury or damages that I may sustain as a result of participating. This waiver covers injury or damages known or later known.
- I, my heirs or legal representatives, forever release, waive, discharge and covenant not to sue Soul Stretch Mobile Yoga, the AVON LAKE CITY SCHOOLS, Rose Sabin, Doug Sabin or Soul Stretch instructors, substitute teachers or assigned agents, for any injury or death caused by their negligence or other acts.
- I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

\_\_\_\_\_  
(Date)

X \_\_\_\_\_  
(Signature)

If participate is under 18 years of age:

As the parent or guardian of \_\_\_\_\_, I consent to the above terms and conditions.